**AMNESTY INTERNATIONAL**

***“Help us build our lives”:***

**Girl survivors of Boko Haram and military abuses in north-east Nigeria**

**Suggested social media posts/messages: 10 June 2024**

Please feel free to share materials with the below posts where appropriate, and link to the press release or **a report launch social media asset available** [here](https://oneamnesty.sharepoint.com/sites/app-secretariatopensend/_layouts/15/guestaccess.aspx?share=EoczNSb8CMZKn-lX3ijo8gUBy308IEf-fCGaQ3HEyuL1Fw&e=yLx5eX).

Please also use **#EmpowerOurGirls** which is linked to our campaign for this report launch. There are additional posts further down the list below specifically for use with the campaign’s **solidarity action** – sending a message **in orange** to support a world without violence against women and girls. [**Solidarity action graphics can be found** [here](https://oneamnesty.sharepoint.com/sites/app-secretariatopensend/_layouts/15/guestaccess.aspx?share=Es2G2yCCw_ZPviuIqSBdC-IBVrxIOI7ywOaQ5gA42c-7eg&e=EyV4Mc)]

**Twitter/X – report launch**

1. Abducted. Enslaved. Abandoned. Why it’s time to stop failing the girls whose childhoods were stolen by Boko Haram. Read our new report: [INSERT WEBPAGE LINK, VIDEO OR GRAPHIC]
2. Abducted. Enslaved. Abandoned. Why it’s time to stop failing the girls and young women in north-east Nigeria whose childhoods were stolen by Boko Haram. Read our new report: [INSERT WEBPAGE LINK, VIDEO OR GRAPHIC]
3. Our new @Amnesty investigation details the horrific abuse endured by girls in north-east Nigeria as they were forced to be Boko Haram “wives”. [INSERT WEBPAGE LINK, VIDEO OR GRAPHIC]
4. Our new @Amnesty report investigates how girls in north-east Nigeria survived trafficking and crimes against humanity by Boko Haram, including abduction, forced marriage, enslavement, and sexual violence. [INSERT WEBPAGE LINK, VIDEO OR GRAPHIC]
5. Girls in north-east Nigeria suffered horrific abuse in Boko Haram captivity, with many survivors then unlawfully detained and neglected by the authorities. Now, they are sending a clear message to their government and its international partners: they urgently want increased specialist support to rebuild their lives. [INSERT WEBPAGE LINK, VIDEO OR GRAPHIC]
6. Abducted. Enslaved. Abandoned. Girls in north-east Nigeria suffered horrific abuse in Boko Haram captivity, with many survivors then unlawfully detained by the military and neglected by their government. 1/2

Now, they are sending a clear message to the Nigerian government and its international partners: they urgently want increased specialist support to rebuild their lives. Add your voice to their urgent call/Add your message to support their demands. #EmpowerOurGirls 2/2 [INSERT WEBPAGE LINK, VIDEO OR GRAPHIC]

**Twitter/X – solidarity action**

1. Girls in north-east Nigeria suffered horrific abuse in Boko Haram captivity, with many survivors then unlawfully detained and neglected by the authorities. Now, they are sending a clear message to their government and its international partners: they urgently want increased specialist support to rebuild their lives. 1/2 [INSERT WEBPAGE LINK, VIDEO OR GRAPHIC]

Add your solidarity message to support their demands for healthcare, education and livelihood support. A message in orange symbolizes a future without violence against girls and women. #EmpowerOurGirls 2/2 [INSERT SOLIDARITY ACTION VIDEO OR GRAPHIC]

1. “I don’t know my age because we were so little when they [Boko Haram] took us. When we reached ‘Guraba’, they told the [Boko Haram] people there that they brought brides,” said GN, Boko Haram survivor. Stand in solidarity with her. #EmpowerOurGirls [INSERT SOLIDARITY ACTION VIDEO OR GRAPHIC]
2. “When [the soldiers] brought food for us … they gave us a portion in our hand and soup in one bowl for all of us to share… They would measure the quantity of water that they would distribute to all of us to drink,” said NV, unlawfully detained after escaping 8 years of Boko Haram captivity. Stand in solidarity with her. #EmpowerOurGirls [INSERT SOLIDARITY ACTION VIDEO OR GRAPHIC]

1. “I want to forget that I once lived with Boko Haram. I want to come out of this camp and start all over again,” said AA, Boko Haram survivor. Stand in solidarity with her. #EmpowerOurGirls [INSERT SOLIDARITY ACTION VIDEO OR GRAPHIC]

1. “I want to start my life afresh. [There are] so many things I need, I don’t know where to start,” said HM, survivor who spent around 10 years in Boko Haram captivity. Stand in solidarity with her. #EmpowerOurGirls [INSERT SOLIDARITY ACTION VIDEO OR GRAPHIC]
2. Girls and young women who survived Boko Haram atrocities, and unlawful military detention, told @amnesty the changes they wish to see:

* livelihood support
* government education
* access to food
* medical treatment
* a secure living environment

Stand in solidarity with them./ It’s time to stop failing them./ It’s time to listen to them Nigerian President @officialasiwajubat #EmpowerOurGirls [INSERT SOLIDARITY ACTION VIDEO OR GRAPHIC]